## **Riverside Meadows Intermediate School** May, 2017

| 1<br>Sausage Breakfast<br>Sandwich | 2<br>Bagelful                 | 3<br>Waffle             | 4<br>Breakfast Pizza     | 5<br>French Toast                      |
|------------------------------------|-------------------------------|-------------------------|--------------------------|--|
| Cereal and Cheese Stick            | Cereal and Cheese Stick       | Cereal and Cheese Stick | Cereal and Cheese Stick  | Cereal and Cheese Stick                |
| Bagel and Cream Cheese             | Bagel and Cream Cheese        | Bagel and Cream Cheese  | Bagel and Cream Cheese   | Bagel and Cream Cheese                 |
| 8                                  | 9                             | 10                      | 11                       | 12                                     |
| Whole Grain Doughnut               | Breakfast Burrito             | Muffin Choice           | Fruit and Yogurt Parfait | Sausage and Pancake<br>Breakfast Stick |
| Cereal and Cheese Stick            | Cereal and Cheese Stick       | Cereal and Cheese Stick | Cereal and Cheese Stick  | Cereal and Cheese Stick                |
| Bagel and Cream Cheese             | Bagel and Cream Cheese        | Bagel and Cream Cheese  | Bagel and Cream Cheese   | Bagel and Cream Cheese                 |
| 15                                 | 16                            | 17                      | 18                       | 19                                     |
| Sausage Breakfast<br>Sandwich      | Bagelful                      | Waffle                  | Breakfast Pizza          | French Toast                           |
| Cereal and Cheese Stick            | Cereal and Cheese Stick       | Cereal and Cheese Stick | Cereal and Cheese Stick  | Cereal and Cheese Stick                |
| Bagel and Cream Cheese             | Bagel and Cream Cheese        | Bagel and Cream Cheese  | Bagel and Cream Cheese   | Bagel and Cream Cheese                 |
| 22                                 | 23                            | 24                      | 25                       | 26                                     |
| Whole Grain Doughnut               | Breakfast Burrito             | Muffin Choice           | Fruit and Yogurt Parfait | Sausage and Pancake<br>Breakfast Stick |
| Cereal and Cheese Stick            | Cereal and Cheese Stick       | Cereal and Cheese Stick | Cereal and Cheese Stick  | Cereal and Cheese Stick                |
| Bagel and Cream Cheese             | Bagel and Cream Cheese        | Bagel and Cream Cheese  | Bagel and Cream Cheese   | Bagel and Cream Cheese                 |
| 29                                 | 30                            | 31                      |                          |  |
| HOLIDAY                            | Sausage Breakfast<br>Sandwich | Waffle                  | Pruits Grains Dairy      |  |
| Memorial Day                       | Cereal and Cheese Stick       | Cereal and Cheese Stick | Vegetables               | MILK ES                                |
| HOLIDAY                            | Bagel and Cream Cheese        | Bagel and Cream Cheese  | Choose MyPlate.gov       | Man Cmt                                |

Breakfast

Menu Subject To Change Without Notice

## **Riverside Meadows Intermediate School** May, 2017

| 1                                | 2                                | 3  | 4  | 5  |
|----------------------------------|----------------------------------|--|--|--|
| Fiesta Nada (Taco<br>Pocket)     | Chicken Taquitos                 | Popcorn Chicken  | Teriyaki Chicken and<br>Rice                         | Spaghetti with Meat<br>Sauce and Garlic Bread      |
| Cheese Enchiladas                | Ultra Bean and Cheese<br>Burrito | Grilled Cheese<br>Sandwich                               | Vegetarian Egg Roll with Rice<br>and Sunflower Seeds | Spaghetti with Red Sauce and<br>Cheesey Breadstick |
| Black Beans                      | Salsa Cup                        | Potato Wedges  | Roasted Carrots                                      | Roasted Broccoli                                   |
| 8                                | 9                                | 10   | 11   | 12   |
| Mac N Cheese and Corn<br>Bread   | Beef Crunchy Tacos               | Mini Corn Dogs   | Hamburger  | Pepperoni Galaxy<br>Personal Pizza                 |
| Ultra Bean and Cheese<br>Burrito | Cheese Quesadilla                | Sunflower Butter and Jelly Sandwich<br>with Cheese Stick | Vegetarian Burger                                    | Cheese Galaxy Personal<br>Pizza                    |
| Roasted Broccoli                 | Smooth Refried Beans             | Seasoned Curly Fries                                     | Potato Wedges  | Steamed Carrots                                    |
| 15                               | 16                               | 17   | 18   | 19   |
| Italian Calzone                  | Nacho Pack                       | Chicken Strips   | Mandarin Chichen and<br>Rice                         | Chicken Alfredo Pasta<br>with Garlic Bread         |
| Cheese Quesadilla                | Ultra Bean and Cheese<br>Burrito | Grilled Cheese<br>Sandwich                               | Vegetarian Egg Roll with Rice<br>and Sunflower Seeds | Alfredo Pasta with<br>Cheesey Breadstick           |
| Roasted Carrots                  | Zesty Pinto Beans                | Corn Cob   | Roasted Broccoli                                     | Hot Peas   |
| 22                               | 23                               | 24   | 25   | 26   |
| Pretzel Bites with<br>Cheese Dip | Chicken Soft Taco                | Jumbo Corn Dog   | BBQ Rib Sandwich                                     | Primo Pepperoni Pizza<br>Slice                     |
| Ultra Bean and Cheese<br>Burrito | Cheese Quesadilla                | Sunflower Butter and Jelly Sandwich<br>with Cheese Stick | Vegetarian Burger                                    | Primo Cheese Pizza<br>Slice                        |
| Steamed Green Beans              | Smooth Refried Beans             | Roasted Sweet Potatoes                                   | Roasted Corn   | Steamed Carrots                                    |
| 29                               | 30                               | 31   |  |  |
| HOLIDAY                          | Chicken Taquitos                 | Popcorn Chicken  | Fruits Grains Dairy                                  |  |
| Memorial Day                     | Ultra Bean and Cheese<br>Burrito | Grilled Cheese<br>Sandwich                               | Vegetables Protein                                   | MILK ES  |
| HOLIDAY                          | Salsa Cup                        | Potato Wedges  | Choose MyPlate.gov                                   | 177777777 Omrt                                     |

Lunch

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